



TWO DAYS Saturday and Monday Special McMICHAEL'S GROCERY

PHONE 441.

9 lb. Keg Salt Fish	\$1.20
12 Bars of P. & G. Soap	72c
21 Bars of Luna Soap	99c
3 Bars White Ivory	24c
1 large pkg. Star Nap.	25c
Crisco any size, per lb.	22c
1 gallon of Peaches	69c
5 lb. pkg. Rolled Oats	25c
1 lb. good Whole Berry Coffee	18c
31 bars Laundry Soap	\$1.00
1 box Corn Flakes	13c
Box Apples	\$2.85
Lard in 10 lb. pails	\$1.45
Round Steak, per lb.	20c
Salt Pork, per lb.	11c
1 pkg. Dromodry Dates	21c
100 lbs. Sugar	\$6.40
Large pkg. Post Toastes	15c
Family Flour, per 48 lb.	\$1.55



OF INTEREST TO RURAL READERS

FARM BUREAU NEWS SERVICE
SUPPLIES ITEMS FOR THE
TRIBUNE READERS

"Right habits of living are always exchangeable at par for good health." "Health is the essential factor in productivity, prosperity, and happiness and hence in the advancement of civilization."

Ultimately all meat animals go to the block. Those that produce the maximum of choice cuts and the minimum of waste are in great demand and sell at a premium. That purebred types are directly in line with market types is easily seen any day on a big market by the fact that expert buyers fight to get that car of high grade steers or that car of purebred hogs. There is a reason. They are better killers. Any sire is high priced that will not pass on to his offspring the characters which go to make them desirable from the

market standpoint says the Agricultural College of the University of Nebraska. It is only natural that a good pure bred sire will transmit desirable characters because he is the result of a consistent system of breeding to produce desirable characters. He will result of a consistent system of breeding to produce desirable characters. He will transmit his qualities and is therefore cheap at any fair price. On the other hand, a scrub sire is the result of slipshod breeding methods with no definite goal in mind. Naturally he is powerless to transmit desirable characters. It is impossible for him to transmit the characters which demand a premium on the market. He is therefore a losing investment at the lowest price.

No one likes to farm a field which is full of point rows yet ditches which cannot be crossed with machinery have a way of running zig zag while they grow deeper from year to year. Some of these young valleys have grown too deep to be stopped with ordinary methods such as better cultivation, brush dams and piles of straw. The soil saving dam has proven to be the solution in cases where the water shed is not too large. A dam resembling a road grade is built across the

ravine. A concrete or tile tube passes under the dam just as a culvert is placed under the road but this tube turns up vertically on the up stream side of the dam.

Let us suppose a heavy, washing rain falls on the hillsides and flood waters come down the ravine loaded with the richest soil on the farm, sooner or later the water encounters the dam and is empounded above it until it reaches a sufficient depth to run away through the tube. The sediment is dropped above the dam because the current is checked and each flood bringing down its load, gradually fills the ravine. It is always well to build the dam higher than the banks of the ravine so that excessive flood can escape around the dam without washing it out. The extension specialists and county agents of the University of Nebraska Agricultural College will gladly furnish further details to anyone interested.

Ask the practical horticulturist when to prune fruit trees and he will probably answer with another question, "Who wants to know?" It is the owner of a large orchard who asks the question the answer would probably be, "From now until spraying time begins which is usually the latter part of April." For the pruning of a ten acre orchard would take pretty close to a month if it were possible to work 10 hours every day.

If it is the owner of a small farm orchard who wants to know it might be, "Any time when your knife is sharpened and you are so inclined." But if it is the owner of a few trees be they shade trees or fruit trees who is always anxious to do the best possible for his trees the answer would be "Just before the sap rises, from the middle of March to the middle of April." Wounds made at this time begin healing as soon as the sap begins to flow whereas wounds made earlier, say in December and January start healing several weeks later because the cold drying winds have killed a few exposed layers of cells in the cambium or growing tissues.

The important thing about pruning is not so much the time at which it is done as is the manner in which it is done, say the horticultural specialists in the University of Nebraska Agricultural College. If in taking off an objectionable limb the wound is just about as well if made in December as if it were made in the early part of April. But if a branch is removed having a two inch stub the chances are that it will not heal over whether made in December or in April.

Nicholas and Clarence McCabe left Tuesday for Indiana where they attend Notre Dame University.

Mrs. Emily Coates arrived in the city Tuesday evening from Los Angeles where she spent several months.

J. J. WILSON—DENTIST
OPPOSITE McCABE HOTEL, OVER
STAMP'S BAKERY. PHONE 71.

Miss Bertha Marcelles returned Wednesday from Denver where she spent the holidays with her sister Mrs. Guy S. Popejoy.

Clinton & Son, the Eye Glass Men.

Service and Satisfaction.

Miss Marie Coker of Sutherland visited friends in the city Tuesday enroute to Omaha where she is taking nurse training.

Joe Pizer was able to leave the General hospital where he underwent an operation. He will leave next week for Lincoln where he attends the State University.

DR. L. A. SNAVELY
DENTIST
X-Ray Diagnosis—Oxygen and
Anesthesia.
Over Union State Bank.
Phone 296.

STATEMENT OF CONDITION OF THE FIRST NATIONAL BANK OF NORTH PLATTE, NEBRASKA

DECEMBER 31, 1921

Resources		Liabilities	
Loans and Securities	\$ 810,195.47	Capital	\$ 100,000.00
U. S. Bonds	109,050.00	Surplus and Profits	76,605.87
Federal Reserve Bank Stock	5,250.00	Circulation	100,000.00
Real Estate	62,094.31	Deposits	943,925.51
Cash Reserve	233,941.60		
Total	\$1,220,531.38	Total	\$1,220,531.38

This bank has operated for thirty-six years under the supervision of the United States Government and offers its customers the full protection accorded by the Federal Reserve Bank of the United States.

E. F. SEEBERGER, President. F. L. MOONEY, Cashier.
RAY C. LANGFORD, Vice-President. A. C. KRAMPH, Asst. Cashier.
KEITH NEVILLE, Vice-President. W. H. MUNGER, Asst. Cashier.
JOHN J. HALLIGAN, Director.

Uncle John's Josh

REVENGE IS THE
HONEST RIGHT OF
A CHEAP BRAIN



THE OUTGOING AND HOME- COMING OF THE CHILDREN

Did you ever watch pigeons circulating about the pigeon house, and listen to their cooing before they settled down for the night? The flying in and out of the pigeons suggests "the glad outgoing—sweet homecoming" of childhood, around the mother's knee. Froebel recognized in this scene a symbol of life, a lesson for mothers, which we can not study too faithfully.

The "outgoing" and the "homecoming"—there is a world of meaning in each word. Do you send your child out each day, to school or to play, happily, trustingly, lovingly? Is he glad to go, but gladder still to return? What sort of a homecoming does he have? Aren't mothers apt to make that homecoming full of scoldings for tardiness, or nagging over table deportment, or rushing the children off to bed so we can have the evening to ourselves? Those things seem of small importance, but wouldn't it be of more lasting value to us and to our children if, instead, we made of that homecoming a happy summary of the day's affairs?

There is no child who is not glad to tell what he has been doing all day. If he has been at school there are often little difficulties, little vexations that the teacher has not had time to satisfactorily explain or smooth out. A word or two from mother may make it all clear and right. And if he has been at play there will be so many things to tell. It is while out at play that the child becomes acquainted with the fascinating realm of out-of-doors. Flowers, birds, trees, bees and butterflies,—he may become closer acquainted with them all through the re-telling of his experiences among them. Wouldn't he be more interested in insect life if he knew the life history of the butterfly or of the ant with its almost human arrangement of home and work? Wouldn't he find more satisfaction in the fields if he knew that there were weeds that ate bugs and some that lived on other plants, like selfish folks? And wouldn't you like to have him so form the habit of telling you things that he goes on telling them, even after he passes out of childhood? Wouldn't you like to be the one he always comes back to for understanding and intelligent enlargement of his small ideas?—Selected.

A TEST QUESTION FOR ALL TRUE NORTH PLATTE CITIZENS

At the funeral of Col. Fred Galbraith, head of the American Legion, some time ago the minister who delivered the funeral oration said among other things: "No man has a right to live in any community unless he renders to the community an adequate service for the privilege of living in it." And that minister summed up in about twenty-five words the full meaning of good citizenship. For you will value your citizenship all the more if you will think of it as less a right than a privilege for which you must pay with service. You will be worth more to yourself the moment you become worth more to the town in which you live. Attending strictly to your own business without turning a helping hand when questions of interest to your neighbors are uppermost isn't paying the debt you owe the community, nor is it earning for you the privilege of living in a community where the benefits are many. Suppose you stop now, at the threshold of a new year and ask yourself this question: "Have I earned the privilege of living in this community?"—Exchange.

STORIES OF THE EARLY HISTORY OF LINCOLN COUNTY

Of course the first anyone knew of Lincoln County is not recorded in history. When Columbus discovered America the Indians were in complete control of this part of the country. It remained in their possession for about three hundred years thereafter. Then the ownership of the Indians was questioned by both France and England. France said that her explorers had penetrated the vast forests, plains and waterways to the west of the Mississippi. In France the whole country was declared to be under her protection and subject to the king. The king of England on the other hand, gave charters to his subjects for tracts of land to extend from the Atlantic to the Pacific. Historians of today are prone to award the title to the French because her citizens actually explored it while the English only claimed it without any of the people being on the ground. The French made friends with the Indians and it is probable that for two hundred years or more the only flag that would have been recognized in this part of the country was that of France. But this ownership was not acknowledged by England and the other countries.

UNION PACIFIC TIME TABLE

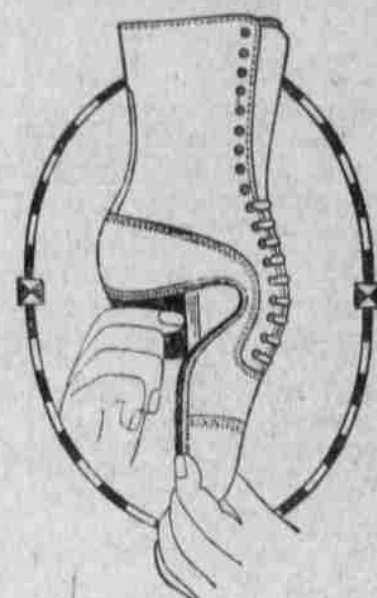
Westbound	
No. 1	4:45 p. m.
No. 3	1:45 a. m.
No. 7	4:25 p. m.
No. 13	8:10 a. m.
No. 15	12:40 a. m.
No. 17	6:25 p. m.
No. 19	9:10 a. m.
No. 25	7:00 p. m.
No. 53	8:50 a. m.
Eastbound	
No. 2	12:20 p. m.
No. 4	11:00 p. m.
No. 8	12:05 p. m.
No. 10	2:25 p. m.
No. 12	11:30 p. m.
No. 18	1:15 p. m.
No. 20	7:20 p. m.
No. 26	5:40 a. m.
No. 54	10:10 p. m.
No. 16	8:55 a. m.

Ray Langford transacted business in Keystone Wednesday.

Miss Lena Gartner returned Wednesday from Lincoln where she spent the holidays.

Clinton & Son, the Eye Glass Men. Service and Satisfaction.

Miss Edith Nagle returned to her home in Julesburg Wednesday after spending the holidays with Miss Helen Ritnor.

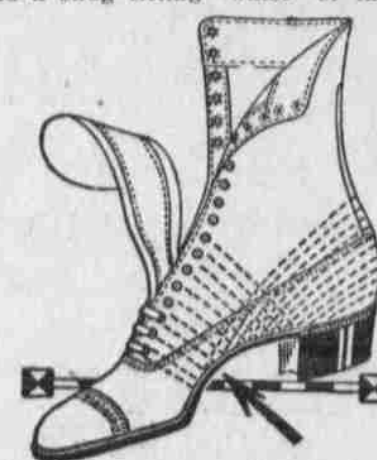


Strengthens Weak Arches

W. T. Clark, a noted foot doctor, writes in the Medical Record: "I advise patients who have been wearing arch supporters any great length of time to continue wearing them early in the treatment by removing them first two hours, then three hours a day until the supports are gradually dispensed with."

"Placed in the shoe, arch supports are worn about fourteen hours a day exerting constant pressure, greatly reducing the blood supply and limiting the action of the plantar muscles, resulting in undernourishment and disuse atrophy."

Cantilever Shoes have the flexible arch which allows the muscles to exercise and strengthen by the mere act of walking. The shank of the shoe is not rigid as in all ordinary shoes, but is flexible just as the arch of your foot is flexible. The lines of the Cantilever Shoe harmonize with the shape of your foot with room for the toes and a snug fitting "waist" or instep.



The ordinary case of weak foot is supported sufficiently by the arch-conforming shank of the Cantilever Shoe, so you can dispose with appliances while the freedom of the shoe allows your foot to regain its strength naturally. (A "weak arch" is nothing but a failure of the muscles and ligaments to hold the arch bones in normal position.) Nature will do her utmost to strengthen a weak arch if given a chance.

And Cantilever Shoes are so good looking and comfortable that you feel happy all the time you are wearing them. They are worn principally by well-dressed women who have no foot trouble at all, because these women have found it an advantage in life to keep their feet strong and well, comfortable and happy.

Sold By

Dr. S. E. Hupfer,

317 East 4th St. North Platte
Chiropodist and Foot Specialist

COOK BOOK

PUBLISHED BY THE

Ladies of the First Methodist Church

NORTH PLATTE

Gives expert directions for making everything from soup to candy. Systematic, easily understood. Every lady will want one. A good Christmas present. For sale at

RINCKER DRUG CO.
C. M. NEWTON.